



How to make perfume at home

You need:

Petals and leaves with a nice smell. Only pick leaves and petals from a living plant if the owner says it is OK.

A mortar and pestle. If you don't have one, you need a ziplock bag, a hammer, and a board to hammer on.

Water.

A small container to put your perfume in - for example, a spice jar.

A medicine dropper (not essential).

1. Collect petals and leaves from plants with a nice smell.

You can often find flower petals on the ground.

Herbs often add interesting smells to your perfume.

Check in your fruit bowl for great-smelling fruit peels.

2. Mash the petals and flowers with a little water.

If you have a mortar and pestle, put the petals and leaves in it with a little water, and grind them up well.

If you don't have a mortar and pestle, put your fragrant plants in a ziplock bag.

Squeeze the air out of the bag, close it, and lay the bag flat on a board.

Use the hammer to smash the plants in the bag. Keep hammering until they are pulp.

When you have made pulp, open the bag and add a little water.

Hold the bag between your fingers and thumbs and rub the petals and leaves until they are mashed into the water.

3. Put your perfume in a container.

If you have a dropper, use it to suck up the perfume and put it in the container.

If you don't have a dropper, carefully pour the perfume into the container.

Your perfume will only smell nice for a day or so, so use it soon!

What's going on?

You used water to extract the fragrant chemicals from the plants.

Professional perfume makers also extract fragrant chemicals from plants using water. They use other solvents too.

Then they mix different fragrances to design new perfumes..